



IMMACULATE HEART OF *M*ARY

Parish Mission + Mision Parroquial

*With Mary, we seek to know Christ better and to make him better known through our words and actions.
Con María, deseamos conocer mejor a Cristo y darlo a conocer por medio de nuestras acciones y palabras.*

FIRST SUNDAY OF LENT— FEBRUARY 21, 2021



500 Fairview Avenue • Brentwood, CA 94513 • (925) 634-4154 • FAX (925) 516-9340
Website: www.ihmbrentwood.com — E-Mail: ihmchurch@ihmbrentwood.com
Office Hours: Monday-Friday 9:00 am-3:00 pm

Bishop of the Diocese of Oakland

The Most Rev. Michael C. Barber, SJ

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Parish Office: (925) 634-4154

Mon-Fri Office Hours: **9 AM - 3 PM**

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Transitional Deacon

Deacon **Candelario Jimenez**

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Fr. **Quang Dong**, Pastor

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Pastoral Council Chair

George Muggee

george@spikeengineering.com

The Pastor's Page/Página del Pastor

Dear families of the Immaculate Heart of Mary,

Lent is the time of year we devote to scrutinizing our lives in the light of our baptism into the death and resurrection of Jesus. Today's readings are a nice shorthand catechism of what our baptized lives mean. As Noah passed through the waters of the flood to a covenant with God, so did we enter into a covenant, a promised relationship with God through our baptism.

Peter's letter gives an explicit explanation of what our baptism means: it is an appeal we make to God for a clear conscience. How do we obtain this clear conscience? The words proclaimed by Jesus immediately following his temptation show us the way: **"Repent, and believe in the gospel"** (Mark 1:15). It might be a good spiritual exercise to keep these readings before us throughout the entire season of Lent, a means to help us return to a life lived by our baptismal promises.

During this Lent it is a good time for us to contemplate on our Baptism promises. Spend time reading the Gospel's of the 40 days before Christ's crucifixion and what Jesus was showing us on how to live our lives.

We will begin this weekend having the 5:00PM English Mass on Saturdays, Sunday, 9:00AM English (Livestream), 10:45AM Spanish (Livestream), 12:30 English, 2:00PM Spanish and 5:00PM Latin (Livestream).

Immaculate Heart of Mary, pray for us.

Father Quang

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Queridas familias del Inmaculado Corazon de Maria,

La Cuaresma es la época del año que dedicamos a examinar nuestras vidas a la luz de nuestro Bautismo en la muerte y Resurrección de Jesús. Las lecturas de hoy son un catecismo abreviado de lo que significa estar bautizados. Como Noé pasó por las aguas del diluvio a una alianza con Dios, así también nosotros entramos en una alianza, una relación con Dios, mediante nuestro Bautismo.

La carta de Pedro da una explicación explícita de lo que nuestro Bautismo significa: un llamamiento que hacemos a Dios para que nos dé una conciencia tranquila. ¿Cómo podemos obtener esta conciencia tranquila? Las palabras proclamadas por Jesús inmediatamente después de su tentación nos muestran cómo: **"Arrepiéntanse y crean en el Evangelio"** (Marcos 1:15). Podría ser un buen ejercicio espiritual mantener estas lecturas ante nosotros durante todo el tiempo de Cuaresma, un medio que nos ayude a volver a una vida vivida por las promesas bautismales.

Durante esta Cuaresma es un buen momento para contemplar nuestras promesas de bautismo. Dedicar tiempo a leer los Evangelios de los 40 días antes de la crucifixión de Cristo y lo que Jesús nos mostró sobre cómo vivir nuestras vidas.

Este fin de semana empezaremos a tener la Misa a las 5:00PM en Ingles los sabados, y los domingos a las 9:00AM en Ingles (transmitida en vivo), 10:45AM en Espanol (transmitida en vivo), 12:30PM en Ingles, 2:00PM en Espanol (transmitida en vivo), y a las 5:00PM en Latin

Inmaculado Corazon de María, ruega por nosotros.

Padre Quang

Weekday Masses/Misas Diarias

Monday, Wednesday, Friday: 8:00AM (English) - Tuesday, Thursday, Saturday: 8:00AM (Bilingual)

Saturday Vigil Mass

5:00PM (English)

Sunday Mass/Domingo Misa

9:00AM (English) - 10:45AM (Español) - 12:30PM (English) - 2:00PM (Spanish)

5:00PM - Traditional Roman Rite (Latin)

Confessions

Tuesdays 6:00PM - 7:00PM — Saturdays 3:30PM - 4:30PM

Prayers & Weekly Scriptures/Oraciones y Lecturas de la Semana

MASS INTENTIONS FOR THE WEEK INTENCIONES PARA MISAS DE LA SEMANA

SAT. FEB. 20TH

8:00AM † Elvira y Jose Oseguera
5:00PM † Shane Rojo

SUN. FEB. 21ST

9:00 AM Amy Estrada and Johnny Alaniz - Birthday
10:45AM IHM Parishioners
12:30PM † Paul Bellocchio
2:00PM † Consolacion F Anicete
5:00PM † Maria Melgoza

MON. FEB. 22ND

8:00 AM † Frances Henderson

TUES. FEB. 23RD

8:00 AM † Frederick G. Ellenberger

WED. FEB. 24TH

8:00AM † Demesia Rodriguez

THUR. FEB. 25TH

8:00 AM Kristina Rojo - Birthday

FRI. FEB. 26th

8:00AM † Richard Heiy

Sick Relatives & Friends Parientes y Amigos Enfermos

Ryan McCloud, Ramon Antonio Toledo, Lyndsey Burrow, Kay Aviani, Chris Heuer, Meghan Heuer, Jan Coopoe, Louise Delia, Anita Camera, Richard Grimes, Art Silvergleid, Jack Quackenbush, Bob Rushworth, Dcn Ron Horan. *****

Roselia Santillon, Mary Lou Rodriguez, Chita Moore, Frances Ramos, Teresa Burke, Mary Franchetto, Rita and Richard Nahm, F. Albert Grosskopf SJ. , Shane Pearce, Dan Holmes, Eleanor Janson, Patrick Bowen, Phillip Aiello, John Hesse, Janet Gonzalez, Ryan Enos, Jose Santos-Silva, Ross Stevie, Greg Fasula, William Smith., Romano Marchetti, Marge and Larry Cragle, Janet and Ehrich Heitzmane, Frank Vargas, Aurora Tiangco, Michalina Siedliski, Rick Souza, Gail Della Nina, Oscar Alvarez, Dan Holmes, Shane Pearce, Solangue and Nicole Pati-no-Patroni, Gloria Almeida, Billy Silva, Priseiliano Cuevas, Bernadette Gluck, Jesus Garatachea, Maria de Jesus Jaimes, Ramiro Cortez, Darlene Riva, Baby Adrian Rodriguez , Enid Ortiz.

If You would like a name added to the prayer list, please call the parish office at (925) 634-4154 or e-mail: bulletin@ihmbrentwood.com. At the end of each month you must call to place the name again on the list.

Ud. quiere añadir un nombre en esta lista, por favor llame a la oficina de la parroquia al (925) 634-4154 o mande un correo electrónico al: bulletin@ihmbrentwood.com. Al final del mes, usted debe llamar a la oficina si desea que el nombre aparezca de nuevo.

READINGS FOR THE WEEK LECTURAS DE LA SEMANA

Monday:	535: 1 Pt 5:1-4 Mt 16:13-19	Ps 23:1-6
Tuesday:	225: Is 55:10-11 Mt 6:7-15	Ps 34:4-7, 16-19
Wednesday:	226: Jon 3:1-10 18-19	Ps 51:3-4, 12-13, Lk 11:29-32
Thursday:	227: Est C:12, 14-16, 23-25 Ps 138:1-3, 7c-8	Mt 7:7-12
Friday:	228: Ez 18:21-28 Mt 5:20-26	Ps 130:1-8
Saturday:	229: Dt 26:16-19 Mt 5:43-48	Ps 119:1-2, 4-5, 7-8
Sunday:	26: Gn 22:1-2, 9a, 10-13, 15-18 Ps 116:10, 15-19 Rom 8:31b-34 Mk 9:2-10	



Lectura

Primera lectura

Gn 9, 8-15

En aquellos días, dijo Dios a Noé y a sus hijos: “Ahora establezco una alianza con ustedes y con sus descendientes, con todos los animales que los acompañaron, aves, ganados y fieras, con todos los que salieron del arca, con todo ser viviente sobre la tierra. Ésta es la alianza que establezco con ustedes: No volveré a exterminar la vida con el diluvio, ni habrá otro diluvio que destruya la tierra”.

Y añadió: “Ésta es la señal de la alianza perpetua que yo establezco con ustedes y con todo ser viviente que esté con ustedes: pondré mi arco iris en el cielo como señal de mi alianza con la tierra, y cuando yo cubra de nubes la tierra, aparecerá el arco iris y me acordaré de mi alianza con ustedes y con todo ser viviente. No volverán las aguas del diluvio a destruir la vida”.

Salmo Responsorial

Ps 25:4-5, 6-7, 8-9

A ti, Señor, levanto mi alma.

Segunda Lectura

1 Pt3, 18-22

Hermanos: Cristo murió, una sola vez y para siempre, por los pecados de los hombres; él, el justo, por nosotros, los injustos, para llevarnos a Dios; murió en su cuerpo y resucitó glorificado. En esta ocasión, fue a proclamar su mensaje a los espíritus encarcelados, que habían sido rebeldes en los tiempos de Noé, cuando la paciencia de Dios aguardaba, mientras se construía el arca, en la que unos pocos, ocho personas, se salvaron flotando sobre el agua. Aquella agua era figura del bautismo, que ahora los salva a ustedes y que no consiste en quitar la inmundicia corporal, sino en el compromiso de vivir con una buena conciencia ante Dios, por la resurrección de Cristo Jesús, Señor nuestro, que subió al cielo y está a la derecha de Dios, a quien están sometidos los ángeles, las potestades y las virtudes.

Evangelio

Mc 1:12-15

En aquel tiempo, el Espíritu impulsó a Jesús a retirarse al desierto, donde permaneció cuarenta días y fue tentado por Satanás. Vivió allí entre animales salvajes, y los ángeles le servían.

Después de que arrestaron a Juan el Bautista, Jesús se fue a Galilea para predicar el Evangelio de Dios y decía: “Se ha cumplido el tiempo y el Reino de Dios ya está cerca. Arrepiéntanse y crean en el Evangelio”.

Credo de Nicea

Creo en un solo Dios, Padre todopoderoso, Creador del cielo y de la tierra, de todo lo visible y lo invisible.

Creo en un solo Señor, Jesucristo, Hijo único de Dios, nacido del Padre antes de todos los siglos: Dios de Dios, Luz de Luz, Dios verdadero de Dios verdadero, engendrado, no credo, de la misma naturaleza del Padre, por quien todo fue hecho; que por nosotros, los hombres, y para nuestra salvación bajó del cielo, **y por obra del Espíritu Santo se encarnó de María, la Virgen, y se hizo hombre**; y por nuestra causa fue crucificado en tiempos de Poncio Pilato, padeció al tercer día, según las Escrituras, y subió al cielo, y está sentado a la derecha del Padre; y de nuevo vendrá con gloria. Para juzgar a vivos y muertos, y su reino no tendrá fin. Creo en el Espíritu Santo, Señor dador de vida, que procede del Padre y del Hijo, que con el Padre y el Hijo recibe una misma adoración y Gloria, y que hablo por los profetas.

Creo en una iglesia, que es santa, católica y apóstolica. Confieso que hay un solo bautismo para el perdón de los pecados. Espero la resurrección de los muertos y la vida futura del mundo. Amen.



Readings

First Reading

Gn 9:8-15

God said to Noah and to his sons with him:
"See, I am now establishing my covenant with you
and your descendants after you
and with every living creature that was with you:
all the birds, and the various tame and wild animals
that were with you and came out of the ark.
I will establish my covenant with you,
that never again shall all bodily creatures be destroyed
by the waters of a flood;
there shall not be another flood to devastate the earth."
God added:
"This is the sign that I am giving for all ages to come,
of the covenant between me and you
and every living creature with you:
I set my bow in the clouds to serve as a sign
of the covenant between me and the earth.
When I bring clouds over the earth,
and the bow appears in the clouds,
I will recall the covenant I have made
between me and you and all living beings,
so that the waters shall never again become a flood
to destroy all mortal beings."

Reponsorial Psalm

Ps 25:4-5, 6-7, 8-9

To you, O Lord, I lift my soul, to you, I lift my soul.

Second Reading

1 Pt 3:18-22

Beloved:
Christ suffered for sins once,
the righteous for the sake of the unrighteous,
that he might lead you to God.
Put to death in the flesh,
he was brought to life in the Spirit.
In it he also went to preach to the spirits in prison,
who had once been disobedient
while God patiently waited in the days of Noah
during the building of the ark,
in which a few persons, eight in all,
were saved through water.
This prefigured baptism, which saves you now.
It is not a removal of dirt from the body
but an appeal to God for a clear conscience,
through the resurrection of Jesus Christ,
who has gone into heaven
and is at the right hand of God,
with angels, authorities, and powers subject to him.

Gospel

Mk 1:12-15

The Spirit drove Jesus out into the desert,
and he remained in the desert for forty days,
tempted by Satan.
He was among wild beasts,
and the angels ministered to him.
After John had been arrested,
Jesus came to Galilee proclaiming the gospel of God:
"This is the time of fulfillment.
The kingdom of God is at hand.
Repent, and believe in the gospel."

The Nicene Creed

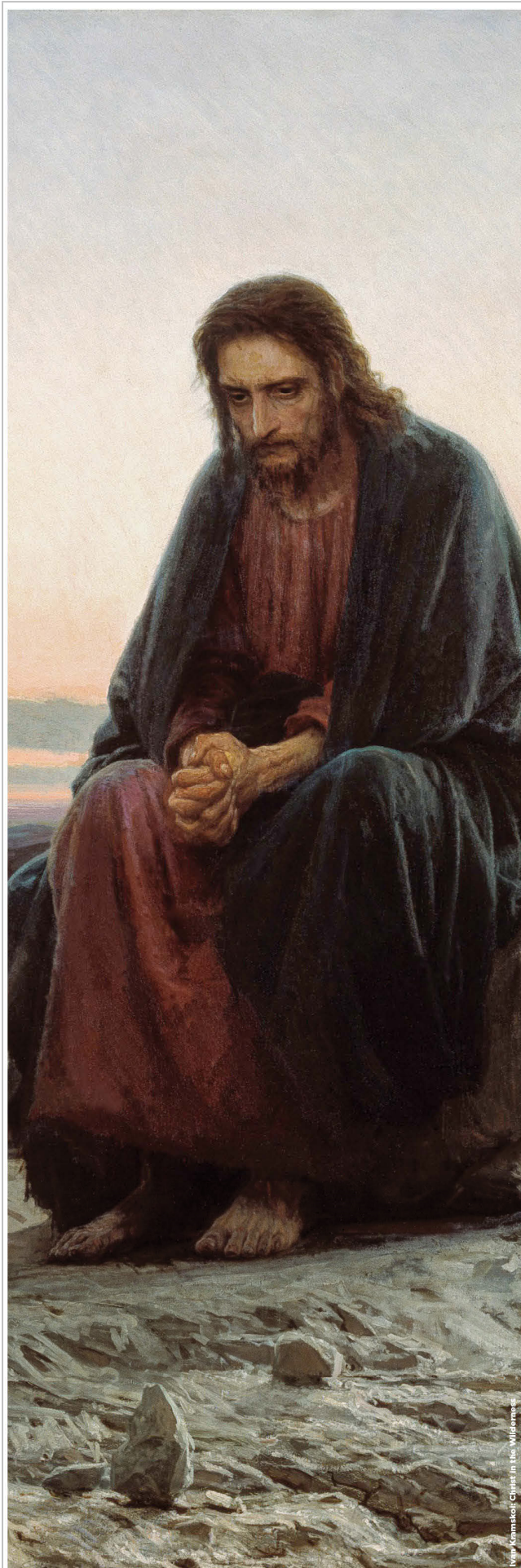
I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
**and by the Holy Spirit was incarnate of the Virgin
Mary, and became man.**
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.





February 21, 2021

First Sunday of Lent

Gn 9:8-15 | 1 Pt 3:18-22 | Mk 1:12-15

Written by
THE
FAITHFUL
DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

Even amid the forced slowdown of a pandemic, distractions abound: Netflix bingeing, online shopping, even positive pursuits like home organizing and personal fitness. I confess I indulge in all of these (except for home organizing). Lent challenges me to let go of the unnecessary distractions and dare to make friends with solitude, which can be a daunting proposition because it means keeping company with my own thoughts. Jesus, our human and divine Savior, faced the desert and was tempted by Satan. But he also emerged *from* the desert, and announced himself and the Gospel to the people of Galilee. He goes on to accept his death on a cross for the sake of our salvation, the fulfillment of the covenant between God and his people. As we enter Lent, as we enter *our* desert, we pray for the fortitude to forego temptation, opening our hearts to God's will for us, and ready to proclaim it to the world.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

What are you doing for Lent this year? I ask our kids that every Ash Wednesday around the dinner table, and one or more of us often scramble for a plan. "Umm ... candy! I'll give up candy except Snickers." "No Netflix!" Or we take the "do good" route: "I'll pray more." "I'll help with chores." "I'll volunteer or donate to charity." All good things. Whatever "the plan," however, today's Gospel challenges me to be quiet and listen. While a plan gives us accountability and can lead to growth, sometimes less truly can be more. This year, I'd like to spend less time planning and more time listening for God's voice in the silence, which I find personally challenging. For others, the desert may look quite different. However we decide to approach Lent, let us pray that these 40 days bring us closer to God and our lives more in line with his will for us.

PRAY "One does not live on bread alone, but on every word that comes forth from the mouth of God." The verse before today's Gospel caught my attention. What can I pare away from my daily life to make room for the word of God? For those of us whose minds tend to wander when praying silently, perhaps listening to the daily readings can be a good way to start or end the day.

Information/Información

St. Vincent de Paul for Friday's Food Pantry

For the weekend of February 28, 2021, please bring dry beans. THANK YOU!

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Para el fin de semana del 28 de febrero, 2021, por favor traigan frijoles secos. GRACIAS!!!

SCHEDULE OF SECOND COLLECTIONS

February 28, 2021 - Bishop's Appeal
March 7, 2021 - Facility Improvement

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FECHAS DE SEGUNDAS COLECTAS

28 de febrero, 2021 - Apelacion del Obispo
7 de marzo, 2021 - Fondo del Mejoramiento de las Instalaciones

The Diocese of Oakland warns the public of an ongoing phishing scam involving emails and texts purportedly from Bishop Barber, diocesan priests or parish/Chancery staff. This scam has hit many parishes across the United States, as well as other faith communities. The Federal Trade Commission provided [information on this scam](#) in July 2019. The email or text purports to be from a person the target knows, such as one's pastor, a parish staff member, the bishop or someone else from the Church. If the target responds to the fake email or text, the sender will follow up with a request for some sort of monetary assistance, often for gift cards, Google Play cards or iTunes cards.

It is truly unfortunate cyber criminals will attempt to exploit the generous nature of our community. Sending emails or texts asking for cash or gifts cards is not how priests, parishes or the Diocese of Oakland seeks financial assistance for our work. Our priests here at IHM will never ask for any personal financial support or other forms such as gift cards. If you receive an email or text from a trusted church personnel asking for assistance, confirm by calling that person and do NOT respond to the email or text.

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La Diócesis de Oakland advierte al público de una continua estafa de phishing que involucra correos electrónicos y textos supuestamente del Obispo Barber, sacerdotes diocesanos o personal de la parroquia/cancillería. Esta estafa ha afectado a muchas parroquias de los Estados Unidos, así como a otras comunidades religiosas. La Comisión Federal de Comercio proporcionó información sobre esta estafa en julio de 2019. El correo electrónico o el texto pretende ser de una persona que el objetivo conoce, como el párroco, un miembro del personal de la parroquia, el obispo o alguien más de la Iglesia. Si el objetivo responde al correo electrónico o texto falso, el remitente le mandará a pedir una solicitud de algún tipo de ayuda monetaria, a menudo con tarjetas de regalo, tarjetas de Google Play o tarjetas de iTunes.

Es verdaderamente desafortunado que los ciber criminales intenten explotar la naturaleza generosa de nuestra comunidad. El envío de correos electrónicos o textos pidiendo dinero o tarjetas de regalo no es la forma en que los sacerdotes, las parroquias o la Diócesis de Oakland buscan ayuda financiera para nuestro trabajo. Nuestros sacerdotes aquí en ICM nunca pedirán ningún apoyo financiero personal u otras formas como tarjetas de regalo. Si usted recibe un correo electrónico o un texto de un miembro del personal de confianza de la iglesia pidiendo ayuda, confirme llamando a esa persona y **NO** responda al correo electrónico o al texto.

In celebration of the 500 Years of Christianity in the Philippines, the combined Filipino-American Communities and the Filipino Clergy of the Diocese of Oakland invite you to celebrate these following Novena Masses:

March 7 Holy Spirit (12:30PM)
37988 Fremont Blvd, Fremont, CA 94536

8 Saint Anne (10AM)
32223 Cabello St, Union City, CA 94587

9 All Saints (4PM)
22824 2nd St, Hayward, CA 94541

10 Saint Raymond (12:15PM)
11555 Shannon Ave, Dublin, CA 94568

11 Saint Michael (6:45AM)
458 Maple St, Livermore, CA 94550

12 Saint Philip Neri - Saint Albert (6PM)
1022 Holly St, Alameda, CA 94502

13 Saint Catherine of Siena (9:30AM)
604 Mellus St, Martinez, CA 94553

14 Saint Joseph (9AM)
837 Terment Ave, Pinole, CA 94564

15 Most Holy Rosary (7PM)
1313 A St, Antioch, CA 94509

16 Cathedral of Christ the Light (7PM)
2121 Harrison St, Oakland, CA 94612

gifted to give
500 YEARS OF CHRISTIANITY IN THE PHILIPPINES



CONTRA COSTA FOOD BANK

The Contra Costa Food Bank Mobile Produce Distribution Program distributes FREE produce on the 2nd and 4th Tuesdays of each month in the IHM parking lot from 12:00 noon to 1:00pm to families in need. This program is only for low-income families.

For more information, please call Ralph at: 925-437-3509.

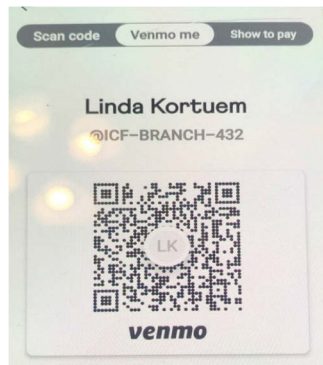
Information/Información

Italian Catholic Federation Spring Fundraiser

The ICF needs your help in raising funds for the upcoming scholarship program. We are selling See's Candy for distribution before Easter. Please help us help High School and College students achieve their goals in colleges of their choice. Order sheets can be downloaded from the IHM Website, picked up in the church vestibule, or can be e-mailed to you! Final date to order will be March 9th with distribution to be at the parish office on March 27 & 28 9AM-3PM.

Contact: Pat Rebollar, 925-679-7481, rebolmom@aol.com

Alt Contact: Linda Kortuem, 925-625-4131



2021 Scholarships



Graduating High School Seniors and Continuing College Students are reminded that the 2021 High School and College scholarships are available on the IHM Brentwood Website or at the parish office. Scholarships are **due by April 10, 2021**. A minimum of six High School graduates and one continuing college scholarships are available.



FISH FRY IS HERE!

Come early - 4-7pm - or until sold out. **Drive through only.** Fish only, chips, cole slaw and drink (soda or water). Adult dinners \$12.00/Seniors and children (less fish)\$9.00.

Any questions contact Grand Knight Chris Romero at 925-642-8782.



ST. PATRICK'S DAY DINNER

Corn Beef and Cabbage
Saturday March 13th

Serving 5-7pm Drive thru only
Pre order from church office until March 8.

\$15.00 per order

Family Bundle of 5 orders for \$60.00
(must show receipt)

Come Support IHM



FAITH
DIRECT

"People rejoiced because they had offered so willingly, for they made their offering to the Lord with a whole heart."

- 1 Chronicles 29:9

Our to-do lists can get lengthy during this season, but Faith Direct's eGiving program will give you one less thing to remember each week. No more envelopes to find before you go to Mass, no more scrambling thru your purse for your donation.

Visit www.faithdirect.net

and use our church code: CA752.

Thank you for your continued support.

Oración a Santa Corona en tiempo de Epidemia

Señor, Jesucristo, Tu vinistes a este mundo para nuestra salvación.

Mira con buenos ojos a nosotros ahora, rezamos, para que nosotros, y todos los que te sirven, podamos estar a salvo de esta epidemia. Cura a los enfermos, consuela a los que sufren, y trae de vuelta a los que se han extraviado, y sobre todo, aumenta nuestra fe, oh Señor. Danos la gracia de seguirte y, como la mártir Santa Corona, que dio su vida por amor a Ti, de tomar nuestras cruces diariamente sin miedo ni vacilación. Señor Jesucristo, Hijo del Dios vivo, ten piedad de nosotros y del mundo entero. Santa Corona, patrona de las víctimas de las epidemias, ruega por nosotros. Amén.



Prayer to St Corona in time of Epidemic

Lord, Jesus Christ, You came into this world for our salvation.

Look kindly on us now, we pray, that we, and all those who serve You, might be kept safe from this epidemic. Heal those who are sick, comfort the suffering, and Bring back those who have gone astray, and above all, increase our faith, O Lord. Give us the grace to follow you and, like the martyr St. Corona, who gave her life for love of You, to take up our crosses daily without fear or hesitation. Lord Jesus Christ, Son of the living God, have mercy on us and on the whole world. St. Corona, patroness epidemic victims, pray for us. Amen.

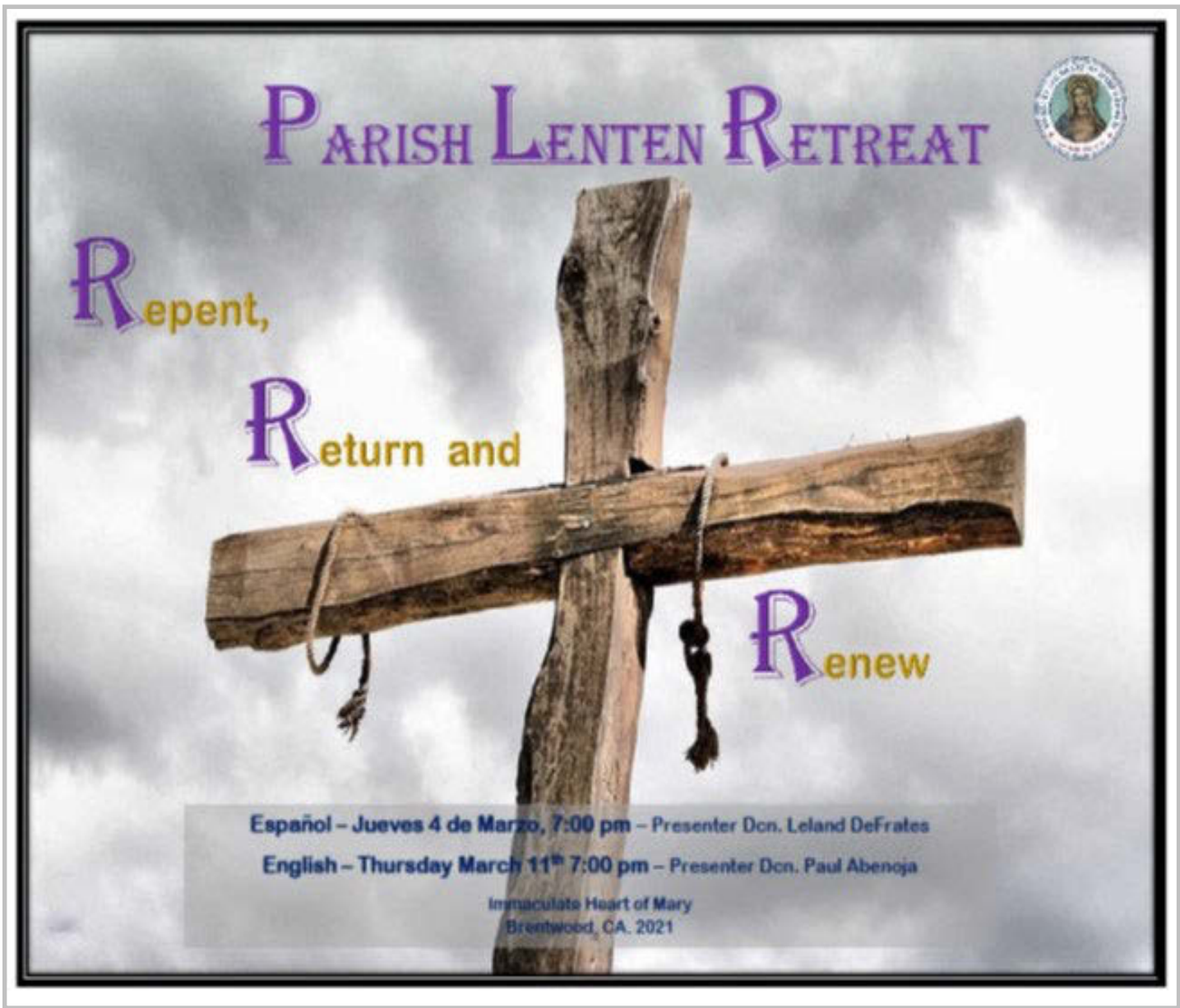
Oración San Miguel

San Miguel Arcángel, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprímale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, con el divino poder de Dios, arroja al infierno a Satanás y a todos los espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.



Prayer to St. Michael

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen



Reflection and Prayer for the season of Lent

Peace in the World.

Jesus said, "**Blessed are the peacemakers, for they shall be called children of God.**" (Matthew 5:9)

"Conflicts and wars continue uninterrupted. Tragically, many regions and communities can no longer remember a time when they dwelt in security and peace. Numerous cities have become epicentres of insecurity: citizens struggle to maintain their normal routine in the face of indiscriminate attacks by explosives, artillery and small arms. Children are unable to study. Men and women cannot support their families." (Pope Francis)

Our Father..Who art in heaven
Hallowed be thy Name
Thy Kingdom come
They will be done,
On earth as it is in Heaven.
Give us this day our daily bread
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil. Amen

Information/Información

+

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Tuesday/Martes: 6:00 - 7:00PM
Saturday/Sabado: 3:30 - 4:30PM

Devotions/Devociones

Monday to Friday/Lunes a Viernes
7:30AM

Holy Rosary/Santo Rosario

+

Wednesday/Miércoles
8:30AM

Mother of Perpetual Help Novena Novena Madre del Perpetuo Socorro

+

Friday/Viernes
8:30AM

Divine Mercy Chaplet Novena Coronilla a la Divina Misericordia

Anointing of the Sick Unción de los Enfermos

Home Communion Comunión a los Enfermos

Contact a priest / llame a un sacerdote

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†††

What do ashes, no meat on Fridays, 40 days and Mardi Gras have in common? They're all symbols associated with the Church season known as Lent — the 40 days preceding the Holy Triduum: Holy Thursday, Good Friday and Easter.

Why 40 days? Well, throughout the Bible there are references to events taking place over 40 days or years, such as the Israelites' 40 years in the desert or Jesus' 40 days of fasting and prayer in the desert. In the biblical sense, "Forty days is another way of saying 'long enough' or 'enough time,'" according to *The Lent, Triduum and Easter Answer Book*, by Paul J. Niemann.

We begin those 40 days on Ash Wednesday when we receive ashes on our foreheads as a sign of mourning and penitence. The importance of this tradition is to remind us that we are entering a period of prayer and spiritual renewal, fasting and almsgiving.

Celebrating the Symbols of Lent

With its wonderful traditions and symbols, Lent provides a perfect opportunity for your family to celebrate together. Here are some suggestions for making the most of Lent:

As a family, observe the practice of not eating meat on Friday. Remember that the purpose of this tradition is to make a sacrifice. If one of your family's favorite meals is meatless, you might consider an additional sacrifice. Meatless Fridays are now also seen as a sign of solidarity with the hungry multitudes worldwide.

Attend a penance service and go to Confession. Lent is the Church's primary penitential season. Most parishes offer penance services during the Lenten season. Check with your parish for times.

In addition to abstaining from meat on Fridays, do some abstaining from the television or other types of media, such as the computer or video-game system. Use the time to do activities together as a family, such as taking a walk or playing a game.

Put some extra effort into your decision as to what your Lenten sacrifice will be this year. And remember that doing something can be just as good as giving something up. Last year my focus for Lent was to contact people — by phone, mail or in person — whom I had meant to stay in contact with but hadn't. Each week I focused on a different person. Make your family a King Cake for Mardi Gras.

The Internet has lots of different recipes for King Cakes ranging from the official New Orleans King Cake recipe to the less time-consuming and labor-intensive versions. Make sure to take the time to read the story of the history and symbolism of the tradition. To locate this information, type "King Cake" into your favorite search engine. You can also order premade King Cakes at many bakeries or on the Internet.

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